



# ASSOCIATION OF VITREO RETINA SPECIALISTS OF SRI LANKA

## VIDEO COMPETITION GUIDELINES - 15<sup>TH</sup> COLOMBO RETINA MEETING 2026

### 1. Submission Guidelines

- **Theme:** Submit interesting video clips related to surgical retina cases.
- **Number of Submissions:** Each participant may submit a maximum of **two videos**.
- **Presentation Time:** Each video case will be allocated **5 minutes for presentation** and **3 minutes for discussion**.
- **Judging Criteria:**

Videos will be evaluated based on the following:

- **Clarity and quality of the video**
- **Clarity of audio aids**
- **Originality**
- **Importance of the theme and highlighting key points**
- **Creativity**

### 2. Submission Process and Deadlines

- Submit your video along with a brief description, including the title and key highlights, by 15<sup>th</sup> May 2026 via email to [info@retinasrilanka.org](mailto:info@retinasrilanka.org)

### 3. Awards

- Awards will be presented for:
  - Best Surgical Video
  - 1<sup>st</sup> Runner-Up in Surgical Video
  - 2<sup>nd</sup> Runner-Up in Surgical Video
- Winners will receive certificates and substantial cash prizes.